













THE STORY BEHIND

AJI AMARILLO

This South American hot chilli pepper is used in many traditional dishes and is considered an important Peruvian ingredient.

ANTICUCHO

Pieces of meat that are skewered, marinated, and then grilled over charcoal. Here at Sails, we use a traditional Hibachi grill from Japan.

CARRILLERA

Typically, carrillera is made using pork cheek, however beef can also be used, like we do at Sails. It is cooked slowly, giving a tender and flavourful result.

CAUSA DE PULPO

The supposed origin of Peru's popular 'causa rellena' is from 1879, while Peru and Bolivia were at war with Chile. To support the army, Peruvian women gathered potatoes from the fields and fashioned a cold potato layered casserole for their boys, in support of the 'causa' (cause).

CEVICHE

This famous dish from Latin America uses fresh fish and other seafood which is 'cooked' in lime juice and then mixed with chilli, coriander, onion and other flavourings.

ELOTE

Meaning 'corn cob' in Spanish, the origins of street corn lie in the streets of Mexico, where it's known as 'elote.'

HOKKAIDO

The second largest island in Japan, Hokkaido is known for its scallops which are renowned for their distinct sweet and buttery taste.



HUANCAINA

The most well-known story explains that Huancaina sauce emerged during the construction of Peru's Central Railroad, stretching from Lima to Huancayo. Food for the workers was prepared by Huancan women who boiled potatoes and served them with a cheese, pepper, and milk sauce, which became papas a la Huancaina.

LECHE DE TIGRE

In a classic ceviche, the mixture of lime juice, salt and flavourings in which the fish is marinated is known as leche de tigre, 'milk of the tiger'.

LOMO SALTADO

Translating to 'stir-fried beef' or more literally 'jumping beef', it has many similarities to a Chinese style stir fry dish, as it was was actually created by Chinese cooks in Peru

NIGIRI

Nigiri sushi is that familiar style of sushi made up of an oval-shaped mound of rice with a slice of (usually) raw fish on top.

NIKKEI

A fusion of Japanese and Peruvian cuisines – our inspiration at Sails.

TATAKI

Meat or fish that is seared briefly but left raw in the middle and thinly sliced. In Japanese, tataki means 'pounded' or 'hit into pieces', in reference to the ginger paste used in the seasoning.

TIRADITO

Tiradito differs from ceviche in two ways: tiradito is sliced, while ceviche is cubed; and tiradito is sauced immediately before service, while ceviche is marinated beforehand.

We look forward to hearing the wonderful stories you'll share while enjoying your time at Sails.

please note the following surcharges apply: / all cards 1.3% | public holiday 15% | sunday surcharge 10%